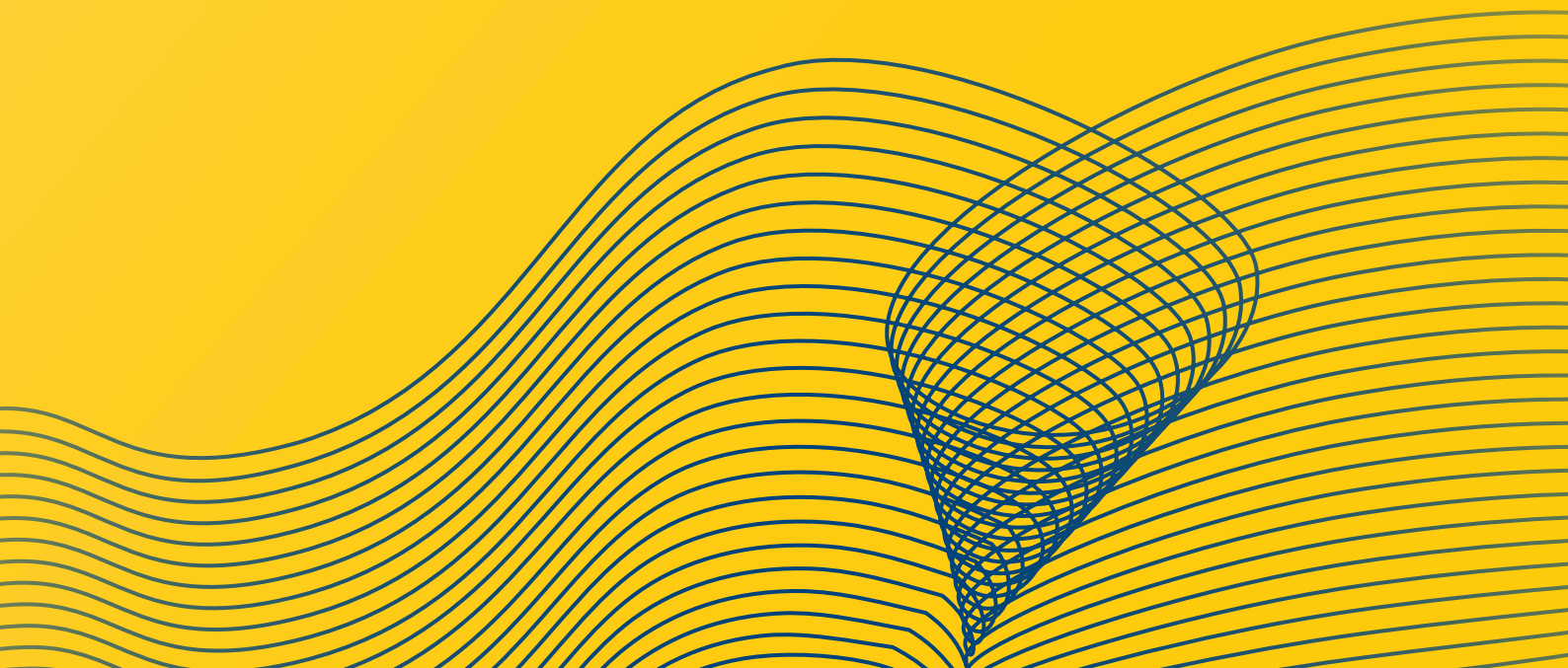




ST. ANTHONY'S CANOSSIAN
SECONDARY SCHOOL

Anchored *in Hope,* *United in Love*

THE MAGDALENIAN 2022





VISION

Canossians of Influence

Ready to Lead

with **Compassion** and **Competence**;

Serve with **Cheerfulness**
and **Commitment**

MISSION

Nurturing each one in her own way
by forming hearts, enlightening minds
and empowering spirits to live in
The Way, The Truth and The Life

VALUES

Charity

Faith

Forgiveness

Humility





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FOREWORD

Uniting as Canossians

With the Magdalenian 2022, SACSS is celebrating another year of stories, friendships, learning and achievements. We are building from the lessons of 2021, in order to write the Canossian story for 2023! What an exciting enterprise!

This year began even before 1 January when the staff grouped together at the end of December to revive the story of St Magdalene, after whom this publication is named, and to re-define her founding mission. Inspired by her example, teachers filtered this ideal to returning students when the school year began, and specifically to the incoming Secondary 1 students.

Magdalene started the first Canossian school in 1808, more than 200 years ago. Today branches of Canossian schools can be found in Hong Kong, Japan, Philippines, Malaysia, India, Australia, and even as far away as Albania, Africa, Argentina, Brazil and Italy. You and I can proudly call ourselves Canossian. If we were to formulate a Canossian pledge, similar to the Singapore Pledge it would go something like this:

“We, the students and staff of Canossian schools, pledge ourselves as one family, regardless of origin, background or religion, to follow Jesus as our model and example, committing ourselves to love God and to love one another, anchored in hope and united in love.”

Magdalene founded this identity by pioneering the Canossian spirit in her life-time. She was inspired to imitate Jesus in His active love and big-heartedness for others, especially in the way He was compassionate to the weaknesses of friends and enemies. Even as He suffered on the cross, He was forgiving and praying for them. The same big-heartedness can be found in Josephine Bakhita. As a slave-girl she was tortured, humiliated and exploited repeatedly. In spite of all that she suffered, she still had the courage to say “If I were to meet those who have tortured me, I will kneel down before them because without them, I would never have come to know Jesus Christ.”

As Canossians, we have to ask ourselves if we have the big heart of Magdalene and if we are able to forgive one another despite our differences. Are we resilient and trusting in God’s love in the face of pain and difficulties? These are the bonds that unite us as Canossians all over the world.



Today, all of us all who are involved in the school, are part of this large Canossian family that extends beyond Singapore. It is my dream that one day, we will meet our counterparts from other parts of the world and be able to show, by our big-heartedness, our big smiles, our big welcomes, that we are simply Canossians!

God bless you all.

Sr Elizabeth Tham
Supervisor, Canossian Schools

Anchored in Hope, United in Love



Giving Hope and Unconditional Love

All of us have a personal mission in life. It defines who we are as a person and identifies the purpose of our lives. It also explains how we aim to pursue this purpose and why it means so much to us. Some of us give **Hope** to people through our interactions with others and some of us give unconditional **Love** to the people we work with.

As I complete my 12 years in SACSS, I would like to offer my sincere gratitude to the Canossian Sisters for their faith in me, for the colleagues I have had the pleasure of working with, and the numerous students I have had the privilege of guiding. I have learnt much from my work at SACSS but I know that my work is now taking a different shape and path.

My favourite corner in the school has this verse on the wall:

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 2:10

Before I leave, I would like you to ponder of one quality that you would like to bring to this Canossian Community of ours. Remember that nothing is too small. All you need to do is to see it through. Best wishes to all of you.

Mrs Nancy Phua
Vice-Principal



Leading, Serving and Giving our all

Shrouded days of COVID-19 were gradually lifted; Sending rays of light, 2022, our world slowly shifted.

We found ways to turn negatives into good; made adjustments, learnt new skills we thought we never could.

Teachers thoughtfully shouldered many a care: Regularised Home-based Learning; Differentiated Instruction and E-pedagogy in the classrooms they dared.

Gladly bearing the challenges and stress, Always making sure, despite Full Subject-based Banding and other changes, That school was not a mess.

It was in May that Hope stretched her elastic springs; Soaring up in the sky, with her indomitable wings. 2022 did not turn out to be what we expected; With new achievements and more ways for us to stay connected.

Springs of laughter as students gathered for our first mass assembly;

Arts Alive Flash Mobs, students enjoyed the performances immensely.

Religious, staff and students supported student leaders to lead and serve;

Parents contributed spritely at Sports Day and SAC Blaze,

By being a part of our family as they deserve.

Our first President's Award for Teachers and 4th place Netball B Division,

We give thanks to God for His abundant blessings and provision.

"Courageously with heads held high", we seek to give our all.

Anchored in Hope, United in Love, staff and students of SACSS have answered the call.

Ms Fiona Koh
Principal



Be the Hope, Speak the Love

If we trace the etymology of 'hope', we will find evidence of the late Old English *hopa* which refers to "confidence in the future" and in its archaic form, it is a feeling of trust. Why is it important for SACians to be anchored in hope and what does it truly mean to be anchored in hope?

In your daily conversations with others and your internal monologues, are you expressing hope, giving hope, and inspiring hope? In a complex world that is filled with ambiguities and uncertainties, we need to lend strength to the human spirit. One way is to seed hope and feed hope. As we cannot seed hope without love, we must continue to speak love. That is why we need to be united in love. We are living in a world where any emotion or opinion can be amplified by social media and take on a life of its own. We must remind ourselves to be the voice of love and kindness. Why? Because words matter. We must give strength to hope by changing the narratives and letting the voice of humility, charity, forgiveness, and faith drown out negativity and insecurity. Language shapes our minds and thoughts, and in turn, it shapes the world we live in, both in the virtual and the real. As SACians, we are Canossians of influence. We influence the future. We are ready to lead in empowering the human spirit— beginning with ourselves— by expressing hope in our thoughts and words and inspiring hope in our words and deeds.

Be the hope.

Ms Chionh Chew Peng
Vice-Principal





BELONG

STUDENT TEAM-BUILDING ORIENTATION AND LEVEL CAMPS

Creating Memories and Building Bonds

Starting the Year Right

This year, the various levels worked on different activities for the Orientation Programme in January. Secondary 1 students began the year by making friends and exploring new physical spaces with activities such as 'Understanding and Celebrating Diversity' and the 'Amazing School Tour'. To imbibe the school's culture and traditions, students thoroughly enjoyed the much-loved SAC Roots activity where Canossian Alumni took new students on a walk down memory lane. Secondary 2 students focused on personal growth and affirmed their class identity through the Leadership Programme where they created a Class Vision in order to strengthen class identity while their Secondary 3 counterparts worked on goal-setting activities. Finally, the Secondary 4 and 5 students were introduced to tertiary education talks through "live" virtual chats with recent graduates from the Alumni Series.





Building Solidarity Through CAM^oARADERIE

At the end of the first quarter of 2022, we reintroduced our annual camps. Our Secondary 1 students learnt about personal leadership through activities like basic first aid, kayaking, navigation and outdoor cooking. Apart from experiencing new activities and learning important life skills, they also got to know their classmates better and had a lot of fun in the process! The Secondary 2 and 3 students were provided with opportunities to acquire and build on outdoor adventure skills like kayaking, orienteering, shelter building and outdoor cooking with a focus on the leadership thrusts in the Leadership Challenge Model.

The Secondary 4 & 5 Level Camps focused on making connections in learning with a targeted focus on Education and Career Guidance (ECG) to help equip students with the necessary awareness, knowledge and skills relevant and applicable to the various post-secondary pathways. Besides post-secondary preparatory modules that are held every year to teach students interview skills and portfolio preparation, students also learnt to identify their own strengths and abilities so as to pursue the appropriate post-secondary options and gained a deeper understanding of various industries through hands-on experiences and interactions with professionals. The highlight of the camp was definitely the sharing by our past alumnae: Sejal Bagaria, a public relations marketer and professional emcee, ex-head girl, Patricia Bautista Maronilla-Seva, who is now a Producer at Universal Studios Singapore and a Dance Instructor, and Hillary Harini, who worked hard to become a talented chef.



FAITH FORMATION

Growing in Faith Together

A GIFT indeed....

The SACSS Faith Formation activities are organised to allow our staff and students to deepen their relationship with God and to experience His healing graces and transformative power in their lives. In several ways, SACSS continues to be a sanctuary to nurture students and to hold space for all to experience God's healing love.

Our Celebrant for the Beginning of School Year Mass, Fr Derrick Yap, shared how God's love was exemplified through the life of St Bakhita. This message was echoed during our Foundress Day Mass, celebrated by Fr Adrian Danker, who drew lessons from the life of St Magdalene of Canossa. After the mass, through the Values Education (VE) lessons, students focused on the lives of our Saints and the values they espoused. The Canossian Spirituality Team also spearheaded Project FEEL, a Canossian Faith Formation Journey for our Secondary 1 Catholic students that runs parallel to the VE lessons. This is a collaborative project with the Redemptorist Mission Team. Besides planning for confessions sessions, the Catholic Activities Council (CAC) Leaders also planned and carried out Lenten activities. These included the Stations of the Cross for Catholic students, a 40-Day Bucket List for Lent that engaged the Lower Secondary Catholic students in sharing about some bad habits they wanted to change, as well as a session for the Upper Secondary Catholic



students to discuss and commit to a sacrifice they wished to make for Lent. Recognising the need to also ensure our Catholic staff are given the opportunity to be spiritually nourished, a Lenten retreat was conducted by our Canossian Sisters who shared various prayer methods including journaling, meditation and spiritual direction, to help us connect better with God.

Later in the year, during Catholic Awareness Week in April, the CAC also reflected on the significance of Easter. Collaborating with parent volunteers, an "Easter Egg" hunt was organised. Catholic Awareness Week culminated with Sr Jessica Teo sharing her story that illustrated God's welcoming love for all.

To nourish the faith of our Catholic students, a learning journey to Novena Church was organised for our Secondary 3 Catholic girls.



Centred on the theme "Welcome Home", our students learnt to appreciate the beauty of our Catholic Church as a home that brings hope and healing to all. Through some testimonies and sharing sessions, students also had the chance to further explore the motherly love of Our Lady and the power of the Sacrament of Reconciliation.

Supporting the mission of our Catholic schools, SACSS also celebrated Catholic Education Sunday at St Joseph's Church in September 2022. Our students from Legion of Mary served as Lectors, Hospitality Ministers and also offered Bread and Wine on behalf of the congregation. St Joseph's Church, which stands beside the original campus in Middle Road, holds many precious memories for our Canossian Sisters, teachers and students.

To honour the legacy of our Canossian Saints, the portraits of St Magdalene of Canossa and St Josephine Bakhita were unveiled by our Canossian School Supervisor, Sr Elizabeth Tham, at our Teachers' Day Celebration Concert. It signified the call to us as Canossians to emulate the lives of our Saints, and to be Canossians of Influence.

At William Cardinal Goh's Thanksgiving Mass, we were also reminded of our vocation to nurture everyone by forming hearts, enlightening minds and empowering spirits to live in **The Way, The Truth and The Life**.

We are grateful to God that 2022 has been a GIFT to us all, a year when we Grow In Faith Together.



STAFF BONDING AND ENGAGEMENT

We Are Canossians

Both teaching and non-teaching staff got together to celebrate our role as Canossian Educators at the end of December 2021, just before the start of the academic year.

It was a privilege to have our alumna, Ms Edwina Seow, and our Canossian Sisters, including Sr Cecily Pavri, Sr Elizabeth Tham, Sr Christina Yeo, Sr Jessica Teo and Sr Doreen Soh, facilitate the different dialogue sessions. It was an excellent opportunity to reignite our sense of mission at SACSS, and nourish our souls and hearts. All SACSS staff were inspired to encourage one another and to always carry the legacy of our Foundress forward every day as Canossian Educators and Staff.

The day ended on a meaningful note with a Mass held at our school's chapel. Our celebrant, Fr Gerard Louis, reminded us of our gifts as Canossian Educators and that we must continue to bring hope and healing to all we encounter in the course of the year.

This refreshing and reflective day was truly a wonderful way to end 2021 and it indeed realigned our focus for the start of 2022 when we would continue to be "anchored in hope, and united in love".



STAFF ACTIVITIES FOR THIS YEAR

Coffee, Community, Cohesion

The Staff Welfare Committee is always on the lookout for exciting ideas to start each new term and we were pleased that the baristas from 'The Kingsmen' were well received. Nothing beats walking into a staff room and being greeted with the aroma of freshly brewed coffee.

Our teachers are a caring lot — not just for the students, but also for the community. This year, we wanted to promote the notion of sustainability. Many of us would have bought clothes and forgotten about them. Instead of simply throwing them out, SWC requested for staff to donate them. We sorted them out, hung them up, and informed staff that they could pick up as many pieces of clothes as they wished. Ms Shirlyn Loh then took two 2 bags full of clothes down to Swapaholic at 313 shopping mall where they would either be repurposed or sold.



During our staff retreat in June, we attended a workshop conducted by Deaf TeaRistas. The workshop was a refreshing change from the usual ones because it was mainly carried out in silence. Staff were taught techniques to focus on our own breathing and thoughts in that silence. The workshop focused on the well-being of teachers as when we are called to be the caregivers to our students, we must also learn how to take care of ourselves.

The highlight for this year must definitely be our celebration lunch for teachers on 31 August! We had an intimate and cozy gathering at our school hall with an amazing and sumptuous buffet spread. It was heart-warming to see all of us - teachers and EAS staff coming together for a meal of thanksgiving and a display of appreciation for the hard work that we all put in. The year ended with a staff bonding activity on 17 November where all staff members were invited to engage in either latte art, candle making or chocolate making among other activities. What a lovely way to end the year!



CELEBRATING DIVERSITY & INCLUSION



Celebrating Differences, Embracing Inclusion

This is the second year SACSS is celebrating 'Embrace Diverse Needs Day' with the theme, "We Are ABLE", held as part of our Post-Examination Activities for the Secondary 2 and 3 students.

We kicked off the morning event with a talk by an expert audiologist on hearing impairment and its effects on communication and learning. This was followed by interest-based activities during which the Secondary 3 students were given a choice to attend activities related to aesthetics, sports or an exclusive talk by our alumnae on overcoming their challenges in their pursuit of excellence in SAC and beyond.



The Secondary 2 students attended a talk by SgEnable & LTA entitled, 'Caring Commuters.' We are truly heartened by the passionate and enthusiastic facilitation by all our guests who conducted the activities.

CELEBRATING SINGAPORE

Stronger Together, Majulah!

With the relaxation of Safe Management Measures, the Humanities Department was able to curate a variety of activities to commemorate the various National Education events. On 15 February, the Humanities Department collaborated with the school's Safety Committee to incorporate a lockdown drill. Through a simulation exercise where intruders breached the school premises, students learnt the importance of having an emergency preparedness mindset. The students applied the 'Run-Hide-Tell' response and understood how each of them plays a part in keeping our school safe and secure. Additionally, a variety of articles were shared to help students understand the context and appreciate the need for Singapore's Total Defence.



On 12 April 2022, the department hosted our very own SEA Games @ SAC with the context of 31st SEA Games taking place in Hanoi from 12 to 23 May 2022. After a short introduction



to ASEAN and the SEA Games as a platform to build regional friendships, the class committee members facilitated a fun and rigorous games segment. Later in the year, in July, as a school, students were encouraged to dress up in ethnic costumes to represent Singapore's rich multi-cultural society. They had an exciting time learning about other cultures and attended the school concert, which highlighted the significant contributions of different ethnic groups living in Singapore. The concert also showcased numerous performers such as the Indian Dance, Concert Band and the SAC's Got Talent! Finalists, and ended with a heartfelt sharing by members from the minority ethnic communities.



To conclude this year's NE Events celebrations, the Humanities Department used Singapore's public housing journey to highlight the successes of Singapore's nation building and economic transformation with a concert held on 2 August 2022. The audience witnessed how void decks have been introduced to our Singapore's HDB to serve as communal and social spaces. There were K-pop dance performances and our very own rendition of 'Tomorrow's Here Today' finalists. The neighbourliness in the heartlands could also be felt through our game of 'Masked Singers', where the audience had to guess the name of the teacher of each masked singer. The crowd was enthralled by this one-hour assembly performance!







BELIEVE

VALUES-IN-ACTION & SERVICE

A Blazing Good Time

The much-loved SAC Blaze returned this year! It was a morning of fun, laughter, and most importantly, meaningful experiences, as everyone in the school participated in this event for a good cause.

SAC Blaze was a culmination of months of hard work by the Secondary 3 classes as they conceptualised, planned and implemented their class Values-in-Action projects to set up stalls in order to raise funds for a selected beneficiary. The rest of the school then supported the stalls wholeheartedly by enjoying the carnival games, food stalls, bouncy castles, and even a viking ship ride.

We also invited students from our sister school, St. Anthony's Canossian Primary School to the event so they could have a taste of the fun and vibrant experiences that await them in secondary school.

SAC Blaze was indeed a much-anticipated event at the end of the academic year, where students and staff could come together as one 'Team SACSS' to celebrate a challenging but fulfilling 2022.



TALENT-TAKEOFF & CAREER GUIDANCE

Empowering Students to Create their Own Opportunities

This is the second year that the Talent-take off Programme was run for all Secondary 1 students. As Covid-19 restrictions eased, we were able to incorporate new experiences. Six modules were crafted based on the current trends in possible career pathways that the younger generations are keen on. They were also based on environmental issues and current concerns in the world.

The six modules were 3D printing, Sustainability, Music production, Social Media, Art Curation and Food Waste recycling. These interesting and relevant modules allowed students to have a deeper knowledge of what these careers would entail and created an awareness of the possible job opportunities.

This year, the team also embarked on an e-portfolio via MySkillfuture platform to capture students' personal reflections for the modules. The students will be able to access the platform next year for their VIA projects and empower them to start their own e-portfolio in other possible subjects as well as use it for entry into higher institutions.



Chasing Dreams, Pursuing Success

During the Secondary 4 and 5 level camp, other than equipping the students with some useful tips in writing personal statements and preparing for interviews, we had the honour of inviting Patricia Bautista Maronilla-Seva, Sejal Bagaria and Hilary Harini, all from the 2013 cohort, for a sharing named 'SAC Conversations with Alumnae – Chasing Dreams'. The graduating classes were meaningfully engaged in listening to their personal accounts of their post secondary journey; on how their respective pathways, through grit and resilience, led to their current successes. The alumnae were also able to connect deeper with our students during the Q&A segment where students posed course- and career-related questions to the panel.

Secondary 4 and 5 students interested in applying for Early Admission Exercise (EAE) and Direct School Admission (DSA) underwent a series of briefing sessions to better prepare themselves for the crafting of personal statements and more importantly, the upcoming EAE and DSA interviews in Term 3. With the help of our ECG counsellor, Ms Kathrine Yang, and the school's ECG committee, the series of multi-school and internal mock interviews allowed students to be more confident during their actual EAE and DSA interviews.

In October, a group of Secondary 3 students visited various tertiary institutions to learn more about the schools and courses available so as to ignite their interests and kickstart the planning of their post-secondary pathways.



GLOBAL PASS AND INTERNATIONALISATION



Visiting Literary London!

In June this year, Secondary 3 and 4 Literature students had the opportunity to tour literary London virtually. The objective of the programme was to give students a wider exposure to language and develop their appreciation for the power and beauty of the English Language. Highlights included an interactive drama workshop with the Globe Theatre in London and a poetry discussion with Jacob Sam La Rose, the current poet in residence at English Heritage. Students also enjoyed a lovely high tea while learning about British tea etiquette and British culture. Participants had a great time during these interactive sessions and gained useful advice on approaching and appreciating English Literature.



SACSS-NTU Taiwan Science Programme

SACSS collaborated with the Centre for the Advancement of Science Education (CASE), National Taiwan University (NTU), Taiwan, headed by Professor Alex Yu Hon-Tsen and Dr Lai Yi-Te, to organize the virtual SACSS-NTU Taiwan Science Programme for the second year running. This programme is specially tailored for Secondary 3 Science students, who have demonstrated exemplary talents and obtained outstanding performances in Science.

Through this Science Programme, we hope our students learn to appreciate the history, culture, education, economics and politics of Taiwan, and nurture their values and positive attitudes towards scientific inquiry and research. This also provides an opportunity to forge and establish long-lasting friendships between our local students and the Taiwan students.

This year, NTU organized the Youth Science Challenge 2022 for Taiwan Middle Schools and specially invited our school from Singapore to participate. Twenty-four Secondary 3 Science students from both Normal Academic and Express classes, forming 8 groups of three, were selected to participate in the Youth Science Challenge [台積電盃青年尬科學]. These students submitted a Scientific Report based on findings from a list of Science topics and videos given for the Preliminary Round. Five groups of students were selected into the Semi-Final Round to create a short film for the topics they have selected. The five groups were invited to observe the Final Round competition on 3 September morning and they were awarded Honourable Mention Awards by the organiser. A post-challenge conference was held on 17 September for the student-participants from Taiwan and Singapore to interact with one another to exchange pointers on the challenge, as well as to engage with the professors, to learn some



competition tips. Ending the programme on a good note, the students attended a two-day programme organized by NTU to attend lectures and hands-on workshop 'Learning the Plant Anatomy through dissection' conducted by the NTU Professors. The students were also given a chance to tour around the NTU Campus virtually, visiting places such as the Academia Sinica and Earth Science Centre.

To allow students to appreciate the culture and life-style of the locals, they were brought on a virtual learning journey at Tamsui District (淡水區) to visit places such as the Aboriginal Museum and farm. The students were introduced to the busy Taipei streets and the typical Taiwanese stalls selling Taiwanese snacks as well as the most popular 7-eleven. In general, the students enjoyed the programme and felt that they had a better understanding of Taiwan.

STUDENT LEADERSHIP

Our Student Leaders' Development Experience at SAC

Student Development Experiences (SDEs) are learning experiences beyond the classroom that are integral to the holistic development of students. The Student Leadership teachers play a significant role in the purposeful planning and facilitation of students' learning through opportunities in leading and serving the community. Student-centric leadership training and opportunities are planned with intentionality for meaningful student engagement based largely on action and reflection that occur in the authentic experiences which provide rich opportunities for student leaders to reinforce, internalise and deepen their learning.

Our student leadership developmental programme is anchored upon three key guiding principles of Student-Centricity, Intentionality and Coherence.



Student-centricity

The essence of student-centricity is to provide varied leadership positions for students that are catered to their interest and developmental level over a 4 year-programme, focusing on student engagement and voice. The programme begins with exercising personal leadership, peer leadership, team leadership and thought leadership when they become mentors to their junior leaders. The Student Council augmented new leadership opportunities by installing new positions for EXCO CCA in order to provide leadership training for CCA leaders to share best practices and foster greater team spirit and camaraderie among the CCA groups so that they see themselves as one CCA, one SAC. The combined leadership camp and training led by these leaders allowed them to deepen their understanding of The Leadership Challenge Model. They also participated in community work at Willing Hearts which helped to strengthen their identity and belief as Canossian student leaders.



Intentionality

The student leadership programmes are designed and carried out with intentionality where learning experiences are developmentally appropriate, engaging the students cognitively and affectively. Passing on the baton of leadership is a very important milestone in every senior student leaders' journey. It provides student leaders with the opportunity to mentor their junior leaders through the Leader-in-Training (Li-T) programme, where students at Secondary 2 exercise their choice through self-nomination to be trained as junior leaders. We believe that students are agents of their learning when they reflect and act responsibly to effect change. With student empowerment, voice and ownership, the teachers can build on co-agency where they can co-construct meaning and develop a growth mindset which enables them to act with a sense of purpose. Indeed, student leaders are supported by teachers to exercise their agency and realise their potential. Some of the initiatives the leaders helmed are 'The Cannossian Leadership Webinar' with SACPS, CCA Vlogs and SAC Voice. Teachers facilitate the students' learning experience through purposeful questioning and reflections to reinforce, internalise and deepen their learning.



Coherence

Leadership training and experiences are offered using a school-wide approach to develop a common language to communicate and reinforce clarity and consistent messages on what it takes to foster dispositions of a Canossian leader. Besides the Secondary 2 Li-T leadership training programme, the Secondary 3 leaders also underwent a Mentoring and Peer Support training workshops to prepare them for their mentoring roles in the Student Council, CCA Council, CAC Council and the Class Committee. Every leader participated in a VIA Character Strength workshop where they discovered their best qualities. They were taught to use positive lenses to connect with people and manage problems. Having a coherent training programme is essential for students to internalise the necessary values, attitudes and competencies to become self-directed learners, confident leaders, active contributors, which are the desired outcomes of the student leadership development experiences.



VISUAL & PERFORMING ARTS PROGRAMMES

The Arts are Indeed Alive @ SACSS

Arts performances returned to SACSS in July in the form of flash mobs. On Monday, just as morning assembly was about to begin, members of the Percussion Band stood up with their instruments and lined the sides of the school hall, seemingly “interrupting” the usual routine announcements. With rhythmic precision, they performed a piece titled Groovy Beans by Benjamin Boo, which was truly a rousing welcome back to school.

That was not all. The next day, the Concert Band took to the stage. While the students were in their classrooms, the band appeared at the Science Playground and gave the school their rendition of Gurenge by LiSA, the opening song of the popular anime, Demon Slayer. Students lined the walkways and



windows of their classrooms, eager to catch a glimpse of the Concert Band's performance.

There was also a palpable air of excitement as students arrived on Thursday in school and crowded the area between the canteen and the cafe to listen to the Angklung Band's unique renditions of traditional song Rasa Sayang and A Whole New World from Aladdin.

Finally, on Friday, Choir students went on stage to make an announcement, or so it appeared, until the Choir and Drama Club students began singing and dancing to a version of We're All In This Together from High School Musical. As the music continued, others stood up from their seats and joined in the dancing. What a spectacular way to end off the Arts Alive! Flash Mob and celebrate Youth Day 2022!

Arts Alive! had returned to SACSS!





Immersive and Experiential: The Roving Art Truck

The Roving Art Truck was created by National Gallery Singapore and sponsored by Applied Materials. It was designed to foster art & museum learning beyond the classroom walls and also to explore Singapore and Southeast Asian art in a fun way. SACSS was fortunate to be one of the seven schools that were invited to be part of this initiative. Students were able to experience being an artist by sharing their artwork on the co-creation wall.

In line with the Racial Harmony Month, and in collaboration with the Humanities Department, selected artworks were curated to support the student's learning in Singapore's history including an interest-based History Competition for the Secondary 2 Cohort. St Anthony's Canossian Primary School students were invited during their art lessons to experience the Art Truck. An artist-educator from the National Gallery Singapore, Ms Yeoh Wee Hwee, also facilitated the learning by conducting a workshop on art analysis based on the artworks in the truck.

The Art truck was an immersive and exciting museum learning experience for students from different walks of life to get a taste of art outside the classroom.



SPORTS DAY



Celebrating Singapore's Birthday with a Display of Sportsmanship!

The beautiful sunshine and a peeping rainbow set the scene for a memorable Sports Day 2022! Before the floodgates of fun, laughter and excitement opened, we started off the morning with a National Day Commemoration Ceremony. Our NCDCC and Girl Guides students, accompanied by the drum beats of our school's Percussion Band, proudly performed a march past and led the flag raising ceremony.

After our Principal, Ms Koh, read out the National Day Message, it was time for some intense but friendly competition between the classes. Students were excited about the various races and competitions. The highlight had to be the Staff Race, where students saw their teachers and the non-teaching staff in stiff competition with one other.

Not only did we come together as one big SACSS family to celebrate sportsmanship and sporting excellence; we also celebrated our nation's 57th birthday!



The background is a solid red color. It features abstract, light red line art patterns. In the top left, there are several concentric, wavy lines that curve upwards and to the right. In the bottom left and bottom right, there are more complex, overlapping wavy line patterns. A large, faint, light red watermark of the letters 'SAS' is centered in the background, with the 'S' on the left, the 'A' in the middle, and the 'S' on the right.

BECOME

YOUNG SCHOLARS

Challenges and Opportunities in Humanities

The Student Archivist Project (SAP) 2022 is an oral history project organised by the Founders' Memorial which seeks to honour the legacy of founding leaders. This year, schools were invited to send teams of students to collect personal stories from senior interviewees about how they were involved in key policies and developments in Singapore's public health and medicine sector between the 1950s and 1970s, and their reflections on the values demonstrated in those times.

SACSS nominated three Secondary 2 students trained in oral history interview methodology. The students, Safiyyah Boh (2 Humility), Shen Chulin (2 Humility) and Anne Marie Cheong (2 Forgiveness) conducted their oral history interviews with senior interviewee, Mdm Rahimah Bte Ahmed, a 63 years old retired nurse. We are indeed proud that their work will be part of the Founders' Memorial that is slated to open at Bay East Garden in 2027.

A group of 10 students from 3.8: Ada Teng, Audrey Adinda Gladia, Bernice Lim, Elsha Nethumya, Felysha A'in, Joanne Tan, Joyce Chong, Sophia Lee, Zoe Loh and Shannon Lim, participated in the ASEAN Symposium for Secondary School Students, jointly organized by the ASEAN Studies Centre and Kranji Secondary School. The theme, "The Future of ASEAN", aimed to engage today's youth in the longstanding issues and challenges that ASEAN faces, and to encourage them to propose solutions to overcome them through a dialogue platform with policy makers and academic representatives.

Four graduating students, Anniq Quintessa (4.7), Fayaa Nabihah (4.7) Jaddavhi Akshitha (4.7) and Tahfeen Yusra (4.7) participated in the National University of Singapore (NUS) Geography Challenge that was held on 26 February 2022. It is an annual non-profit Geography competition jointly organized by the NUS Department of Geography and the NUS Geography Society. The theme for NUS Geography Challenge this year was "Eco-



Utopia: Blueprints for our Green Futures". The students learnt about how Covid-19 pandemic has transformed their way of life and the functions of cities. Anchoring on the Singapore Green Plan 2030 and United Nations (UN) Sustainable Development Goals (SDG), the students had to re-imagine and design an eco-friendly Singapore. Besides deepening their understanding

on the current issues the world is facing, Anniq Quintessa (4.7) was awarded the Silver medal in the individual component. For her outstanding performance, she was invited to join the MOE Geography Talent Development Programme (TDP) 2023. She was also inspired to apply to the Junior College Humanities Programme to further her passion in Humanities education.



YOUNG SCHOLARS

Enhancing the Love for Mother Tongue

To promote students' interest in Mother Tongue, develop their creativity, oratorical and writing skills, and to hone their crafts, we exposed our students to various national and international competitions where they actively participated and showcased their talents. The Chinese students participated in the Straits Cup Essay Writing Competition and the 15th United Chinese Literary Award, the 4th Nanyang Youth Chinese Literature Award 2022 while the Malay students participated in Bisikan Pena Essay Writing Competition, Rakan Bahasa Project Teevers (news video-making competition), Inter-Secondary Schools Translation Competition and Pusat Nusa Public Speaking Competition.

We are proud of the following students and their achievements:

Competition	Name	Attainment
Bisikan Pena 2022 (ML Creative Writing)	Drea Neryssa Binte Dadang Suandi 3.2	1st Prize in Category A
Pusat Nusa (Public-speaking competition)	Sharmin Firzanah Binte Awalludin (2CM)	Preliminary (Gold with distinctions), Final (Consolation Prize),
	Felysha A'in Mohamed Shahril (3.8)	Preliminary (Gold with distinctions), Final (Consolation Prize),
	Nur Fitri Falisha Binte Muhammad Fariq (3.2)	Preliminary (Gold)
	Guan Yu Ting (4.8)	Silver Award (Upper Secondary Category)
	Zhu Jia Yu (4.8)	Bronze Award (Upper Secondary Category), Merit Award (Creativity Category)
	Guan Yu Ting (4.8)	Merit Award (Creativity Category)
	Du Meilin (3.8)	Bronze Award (Secondary 3 Category)
5th Text Recital Competition	Chu Ruo Yuan (4.8)	Merit Award ("Moving" Category), Silver Award (Upper Secondary Category)
	Yap Zi Yu (2CT) and Chua Zhi En (2FG)	Bronze Award (Lower Secondary Category)



The World, Our Home: Of Gardens, Trails and Biodiversity

The Science Department started and continued the drive - Greenery@SACSS to introduce greening to our school premises as an effort to transform our school into a green model school. Showing our support in the OneMillionTrees Movement by NParks, we continued to plant trees and flowers, which provides a sense of seasonal change that enhances the visual interest of the school's scene and the vibrancy of the students' lives. Our efforts have earned us the Platinum Award in the Community in Bloom Competition 2021 and the Outstanding Environmentally Friendly, Biodiversity Community Garden Achievement Ribbon.

To stretch our students' abilities in Science, the Science Research Programme made use of the gardens and trail as one of the stations for the challenges. Tasks and assignments were set up using QR codes. Specimens were collected from these areas to prepare for competitions such as the NTU Science and Technology Challenge and IgNITE Science Challenge. We have also collaborated with students from the St. Magdalene's Club by conducting workshops on food security and sustainable living.

Additionally, the Butterfly Sanctuary was set up to look into the life cycles of butterflies in our school, which add to the biodiversity in the premises. The Butterfly Breeding Programme under the charge of Ms Ang Hwee Chieh recruited groups of Secondary One and Two students to study the butterflies and introduced the catch-and-release of different species of butterflies to contribute to the vast biodiversity of our gardens. Our students also participated in activities such as Bioblitz and Festival of Biodiversity which were organised by NParks and in tree planting under the Campaign 'Green Wave'.

To stay abreast of the advancement in technology, two high-tech planting system, the Hydroponics and Aquaponics Systems were set up in our Green House. These urban farming systems proved to be highly efficient in a city-sized country like us to stay self-sustainable; especially since they do away with requirements of lands and soils.

Finally, the 'Zero Waste Programme' was introduced to promote resource efficiency and recycling of materials by reducing wastage. We

have appointed 'Green ambassadors' in all our classes to conduct the programme. The teacher-in-charge, Ms Prasanna recruited her group of students to recycle materials such as plastic bottles, used sports shoes, drink cans, styrofoam boxes and car tyres and re-create them into useful items such as growing pots and art and crafts that adds on the aesthetics of our school premises. Composting activities were also carried out by collecting food waste from our canteen and turning them into useful organic fertilizers. We have also collaborated with Fengshan RC and Chili Api Pte Ltd on our process of composting.

These facilities have been used extensively in teaching of the curriculum, assessments as well as enrichment programmes. The Science teachers incorporated and made use of these facilities in the teaching of topics such as 'Nutrition in Plants', 'Transport in Plants', 'Genetics' and 'Ecology'. Besides the Science teachers, teachers from other departments such as Drama, Life Arts, Geography, Math and PE have also made use of the gardens and trail frequently.



AWARDS & ACCOLADES

Student Pinnacle Awardees for 2022

In 2020, the school embarked on an envisioning exercise to refresh the school vision and mission. Following consultations with the various stakeholders, the school vision aspires to develop our students to become women who are Canossians of Influence, ready to lead with compassion and competence, and serve with cheerfulness and commitment.

Through a generous anonymous donation of \$50,000 made to St. Anthony's Canossian Secondary School (SACSS) in 2022, the Canossians of Influence Awards seeks to be part of the school culture-building efforts by annually validating and affirming students who exemplify the school vision by being women

who make a positive impact through their influence in leadership and service and in doing so demonstrated qualities of compassion, competence, cheerfulness and commitment.

This new 3-tier award recognises our students' outstanding contributions in both leadership and in service. The 1st tier leadership and service award are certificates given to student leaders for their service to the school.

The 2nd tier includes the Canossians of Influence (Outstanding Leadership) Award to recognise student leaders who have helped building a strong sense of belonging among their peers, provided opportunities for others to grow and

achieve, and contributed positively to their leadership domains of the Class Committee, CCA Council and the Student Council. The 2022 Outstanding Leadership Award was given to 8 CCA Leaders and 6 Student Councilors, each receiving a \$150 cash award and a certificate. The next 2nd tier award is the Canossians of Influence (Outstanding Service) Award which seeks to affirm students who have led student-initiated community service projects for their selected beneficiaries, and have demonstrated commitment and consistency in her acts of service. This year, 8 students were awarded for their dedicated service to the community and were also given a \$150 cash award and a certificate.

Pinnacle Awards



The 3rd tier (Pinnacle) award for both leadership and service is the St. Magdalene Award. Named after our foundress, this award recognises our top graduating student who has contributed significantly to the school through leadership and service. Awardees will receive a \$600 cash award alongside a certificate.

Our 2022 recipient of the St. Magdalene Award is Alicia Lariel Tenorio Pinpin from Class 4-6. As Vice-Head Girl, Alicia was instrumental in setting the direction and upholding expectations for the Student Councillors. Her creative and critical thinking abilities enabled her to initiate projects that helped to bring the school community together during the challenging Covid-19 period. Alicia believes in providing opportunities that enable student leaders to act and capitalise on their strengths to empower them, spearheading many initiatives that allowed the junior leaders under her charge to learn and grow. Through her mentorship, she inspired her peers and juniors to mature into effective and caring leaders.



The St. Bakhita Award, is a pinnacle award that recognises students who have made positive contributions to the school despite having to overcome personal challenges. Awardees will receive a \$500 cash award alongside a certificate.

The 2022 St. Bakhita Award recipient is Lourelei Kate De La Cerna Alburo from class 4-9. Lourelei served as our Head Girl and has proven herself to be a responsible and dependable leader who set high and realistic expectations for herself and her team. As a leader in the Catholic Activities Council Lourelei willingly walks the extra mile to help her peers grow holistically, especially in the area of spirituality. She strives to create a prayerful environment in getting lectors to lead and serve through daily prayers and masses. She models the way through the strong commitment and firm expectations she sets for herself when performing her daily prayer duties. Lourelei has shown tenacity in challenging situations and has emerged a stronger leader. She gives her best in all tasks she undertakes and does not allow setbacks to prevent her from striving for excellence. Despite her hectic schedule, Lourelei was always there to support her loved ones at home. Her maturity and steadfastness allow her to manage herself well so that she can contribute her services to the school and still have time for her family.



Finally, the pinnacle award for students in the domain of sports is the SK Quah Sportsgirl Award. This award recognises students who have achieved accolades in their respective sport, and displayed character traits of resilience and can-do spirit. Awardees will receive a \$200 cash award and a certificate.

The SK Quah Sportsgirl Award for 2022 goes to Aleena Elsa Bte Aidil from Class 4-8. Aleena is an active sports girl with strong leadership drive. As a sportsgirl, she pushes herself beyond her comfort zone and has participated in many other individual events such as the 100m, 200m and 400m races. Undeterred by challenges, she also represented the school in the National Inter-Schools Cross Country Championship in 2022. As a leader, she served faithfully as the school's Track and Field Captain from 2021 – 2022. She is a respected leader who appreciates the relationships she has with her teammates, and strives to take care of their well-being by frequently checking in on them and encouraging them to give their best. Beyond her CCA, Aleena also worked tirelessly alongside her peers in the CCA Council, creating programmes build a strong school spirit across different CCAs, and enhancing the training and developmental processes of CCA leaders in the school.



Mdm Tay Hui Cheng – Recipient of the 2022 President’s Award for Teachers

SACSS extends our heartiest congratulations to Mdm Tay Hui Cheng, HOD Mother Tongue Languages, for being one of the eight recipients of the President’s Award for Teachers (PAT) 2022! Her belief in the potential and ingenuity of the teaching fraternity and students has given her the courage to seize every opportunity to make a difference in the lives of others. Mdm Tay’s efforts in the formation of hearts and minds in SACSS has transformed many lives. When asked how she feels about the award, she had this to say:

“I feel grateful and honoured to be one of the PAT recipients. I would not have been able to come this far without the support from my school leaders and colleagues who believe in me and work alongside me to develop innovative teaching and learning ideas. I have been teaching for almost 18 years and find my work rewarding and meaningful as I have the opportunity to impact young lives.”

Mdm Nurul Huda Binte Muhammed Yassin – Recipient of the Arif Budiman Malay Language Teacher Award 2022

Our heartiest congratulations to our Malay Language Teacher, Ms Nurul Huda Binte Muhammad Yassin, for being one of only six recipients of the Arif Budiman Malay Language Teacher Award (AGAB) 2022. With 344 nominations this year, the AGAB aims to recognise Malay Language teachers who have made significant contributions to the teaching of the Malay Language in Singapore.

Ms Huda’s contributions to the enriching Malay Language learning experiences in SACSS included creating podcasts to promote the use of the language during lessons, encouraging students to put up traditional performances during school events and organising a VIA project in collaboration with #SmilesSalamSG to serve the community around the school.

This was Ms Huda’s response when asked for her thoughts on receiving the award, “I am truly humbled and grateful to be selected as one of the recipients of this award. This will only continue to spur me on to give my best in my work and give back to the community as best as I can.”



Lee Kuan Yew Award for Outstanding Normal Course Students

The LKY-ONC award for Normal Academic and Normal Technical students is given annually to recognise students’ achievements in both academic and non-academic areas, including their contributions to the community. The 2022 recipient for this award is Pearl Kiong Yi Ching from Class 5.1 (2021).

During the earlier part of secondary school, Pearl initially struggled with her academic subjects after missing school for a month due to an unfortunate accident. Nevertheless she persevered and refused to remain disheartened. In recognition of her efforts, she was awarded the ‘Top in Level’ award the following year, while simultaneously clinching a distinction for the Biannual Singapore Youth Festival (SYF) Dance competition. She developed a passion for Biomedical Science and pursued excellence in her studies, as well as opportunities to learn more about the industry through participation in an internship programme by Changi General Hospital, and attending various career talks by medical and nursing professionals. For her achievement in both strong academic performance as well as excellence in the co-curricular areas, Pearl was awarded the LKY-ONC award for 2022.



CANOSSIAN OF INFLUENCE

Influencing Others Through Positive Role-Modelling

We are very fortunate to have 2 of our alumnae members to grace us with their presence at our Foundress day Awards Ceremony and our Graduation Ceremony. Our students are fortunate to have the presence of these role models who shared both their struggles and their successes through their Canossian experience.



Ms Lynette Pang

Lynette Pang is the Deputy Chief Executive Officer, Planning and Corporate Development Group at the National Arts Council which champions the arts by nurturing creative excellence and supporting broad audience engagement. Previously the Assistant Chief Executive, Marketing, Lynette was responsible for building the Singapore destination brand globally and helmed the international marketing efforts of the Singapore Tourism Board (STB). Lynette joined the National Arts Council in October 2021 and is an Executive Committee Member of the World Federation of Advertisers and a board member at Arts House Limited.

Lynette graduated from St Anthony's Convent in 1987 and then went on to Catholic Junior College to pursue her 'A' Levels before going on to the National University of Singapore to read English Literature. Lynette graduated from the National University of Singapore with a Bachelor of Arts in English Literature and Sociology and has an Honours in English Literature. When interviewed, Lynette says she enjoyed Teacher's Day most in school. She has very fond memories of sitting on the floor in the canteen and remembers how all the girls had to wear petticoats, so it was necessary to sit elegantly on the floor. She also enjoyed the fish ball yong tau foo and remembers how sometimes coins would fall into the pot of soup and it became a wishing bowl of sorts for the girls!

Lynette says she owes much of her success to the grounded Christian values of servant leadership and universal values of forgiveness and humility that she carries with her. More importantly, she appreciates the diverse and inclusive environment of SAC as well as all the friendships she has forged through the years.



Ms Kelly Latimer

Kelly Latimer spent her secondary school years at SACSS from 2001 to 2003. Upon graduating, she went on to Temasek Polytechnic to pursue a Diploma in Communication and Media Management from 2004 to 2007. She continued to pursue her passion in media at RMIT from 2008 to 2009 and obtained a Bachelor of Communications (Media).

Kelly is often seen broadcasting sports events such as the most recent SEA Games in Hanoi. Her work has given her opportunities to interview many top athletes from around the world. She has also worked with FOX Sports Asia, Astro (Malaysia), AXN, Mediacorp and StarHub, just to name a few. She also covers a range of programmes, from reality shows to current affairs. Her latest social media content has a strong focus in fostering strong family ties, maintaining a healthy fitness-oriented lifestyle and enjoying some of the finer experiences in life.



Mrs Nancy Phua — A Canossian of Influence Indeed

It is with heavy hearts that we bid our beloved Vice-Principal, Mrs Nancy Phua, farewell.

She started out with us as HOD for Teaching and Learning and two years later was promoted and appointed Vice-Principal. She is best remembered for her fun-loving, cheerful, and bubbly nature and many of us can attest to the fact that amazingly, after twelve years, she is still the same joyful and bright person as the one that came in.

More importantly, she will be missed for her meticulous planning and her ability to anticipate and troubleshoot challenges before they happen. She is loved by students, staff and parents alike.

Besides being the capable leader she is, Mrs Phua has touched all of us in her own special way — be it that text message that asked if we were doing okay, or that bouquet of flowers sent to a staff members' home to show her gratitude, Nancy has always been approachable and a steady pillar of strength in SACSS.

We wish her all the best as she moves on to become Senior Inspector of the Special Educational Needs Branch, Special Educational Needs Division of the Ministry of Education and we would like to tell her that no matter where she goes, she will always be part of the Canossian family!





LEAD & SERVE



CO-CURRICULAR ACTIVITIES



CO-CURRICULAR ACHIEVEMENTS

Persevering & Remaining Undaunted

It is here!

With the relaxation of the Safe Management Measures (SMM), many competitions were able to resume and everyone was looking forward to the interaction among students from different schools. While the students trained hard to compete with the best, they were pleasantly surprised that their hard work paid off as some CCAs managed to better their results from 2018 despite the lack of physical training over the last 2 years.

Although 2022 was a non SYF year, a series of 'Flash Mob' performances by our Performing Arts CCAs caught many students and staff off-guard in Term 3. These performances were widely applauded by the school population for being so innovative and refreshing.

Not to be left out, the youngest CCA, the Media and Production Society, decided to spread the message of kindness by competing in the Lions Home School Video Competition 2022. The video titled 'Kindness Goes A Long Way' was commended for being thoughtful as the video

was presented in 4 different languages to reach out to more people.

If you are wondering what's going on with our uniformed groups, they continued to train tirelessly and remained undaunted by the ever-changing situation. Through their perseverance, SACSS managed to clinch 4 awards organised by Girl Guides and NCDCC HQ respectively.

Below is a summary of all the awards and accolades we received this year. Well done, students and teachers. Keep up the good work!

Individual

No	Achievement	CCA	Name of Awardees (Full name in caps)	Class	Award
1	NSG Taekwondo 'C' Division Red 2	Taekwondo	Ong Shi Ni, Kacey	2 Humility	Gold (1st)
2	NSG Taekwondo 'C' Division Red 2	Taekwondo	Anne-Marie Cheong Hsi Yan	2 Forgiveness	Silver (2nd)
3	NSG Taekwondo 'C' Division Red 2	Taekwondo	Genevieve Tan Sze (Chen Si)	1 Commitment	Bronze (4th)
4	NSG Cross Country 'C' Division	Track & Field	Alexis Tan Ze Qian	1 Charity	4th
5	NSG Cross Country 'C' Division	Track & Field	Ng Zi Ying	2 Forgiveness	7th
6	NSG Track & Field 'C' Div 800m	Track & Field	Ng Zi Ying	2 Forgiveness	7th
7	NSG Track & Field 'C' Div 1500m (Walk)	Track & Field	Sharlize Iman Binte Shahul Ali	2 Charity	8th
8	NSG Track & Field 'C' Div Discus	Track & Field	Praveenaa Gopalakrishnan	2 Cheerfulness	7th
9	SA U16/U18/U20 Athletics Championships U18 100m	Track & Field	Lee Sze Yin Megan	4.5	3rd
10	SA U16/U18/U20 Athletics Championships U18 400m	Track & Field	Sierra Koh Jia En	4.9	2nd
11	NCDCC Pinnacle Award 2022	National Civil Defence Cadet Corps	Nur Dalili Binte Mohd Farid	4.3	
12	NCDCC Best Cadet 2022	National Civil Defence Cadet Corps	Ow Zhi Ning, Carine	4.3	
13	BADEN-POWELL Award	Girl Guides	Jodiyannah Fung Le En, Ong En Qi, Andrea, Desiree Teow Yixin, Seah Xing Yun	3.6, 3.7, 3.8, 4.3	

Team

No	Achievement	CCA	Award
1	NSG Netball 'B' Division Zonal Inter-School Competition	Netball	4th
2	Lions Home School Video Competition 2022	Media and Production Society	3rd
3	NSG Taekwondo 'B' Division Red 2	Taekwondo	4th
4	NSG Taekwondo 'B' Division Black 2	Taekwondo	3rd
5	Gold standard in UOPA Year of Assessment 2021	National Civil Defence Cadet Corps	Gold (1st)

ANGKLUNG BAND

Teachers-in-charge

Ms Sandy Lee
Mrs Esther Boo
Ms Siti Amirah



2022 began with a blast of music and activities. In Semester 1, the band was very excited as we welcomed new and passionate members into our family. In no time, the band began to forge a beautiful friendship and the spirit of camaraderie blossomed in every member. Led by our passionate coach, and some of our talented seniors, the band continued to improve their music performance and hone their skills in different sets of Angklung instruments.

In Term 3, when restrictions were lifted, our exuberant girls were excited to perform at the Arts Alive! Flash Mob and the National Day Dinner at Fengshan Community Club. The band performed a beautiful rendition of both a Malay traditional song and a well-known contemporary soundtrack. The excellent performance was thoroughly enjoyed by members of the public.

The Angklung Band looks forward to many more live performances and serenading the audience with their bamboo harmony.





BADMINTON

Teachers-in-charge

Mr Andrew Poh
Mrs Adelene Cheong
Mr Quek Joo Siah



The St Anthony's Canossian Secondary School Badminton Team was founded in 2004. Discipline, Commitment, and Teamwork are the core values of our Badminton Team. Here at St. Anthony's Canossian Secondary School, the Badminton Team takes their training sessions very seriously. We always try to excel in everything we do, from maintaining the cleanliness of the courts for safety, to putting in 100% of our effort in every training session to better ourselves. Our members all share a common interest and passion in Badminton. With this passion, we train tirelessly to make the school proud!

The CCA also hosts exciting events annually, like the Badminton Camp where the members spend two days together getting to know each other and a Badminton Carnival where we have a fun and friendly competition against other schools in Singapore. The Badminton team also managed to get into Top 8 for the 'B Division' Zonal competitions in 2018, 2019 and 2021 and Top 8 for the 'C Division' in 2019 and 2022. Badminton is a place where students look forward to every training session, whether to de-stress from school, or to hone their skills and reach for their potential in the sport.



CHOIR

Teachers-in-charge

Mdm Teh Jane Khim
Mdm Rasheada Begum
Ms Goh Zhi Ling Caleen
Mdm Gu Yuan Yuan

The Choir is elated and grateful to be able to finally sing and perform live this year. The recording of 3 songs in our school Chapel in April kicked off a number of performances for the rest of 2022, fuelled by the students' enthusiasm and passion.

Our collaboration with the Drama Club for the Arts Alive! Flash Mob performance was a truly memorable experience as the students sang and danced confidently in front of the whole school. Upon the invitation by Fengshan Community Club, the Choir took to the stage at the National Day Dinner public performance with a medley of Malay folksongs and 'Home'. The girls' rendition of 'Home' was especially heartwarming for the audience.

Besides performing, the Choir also participated in a student-initiated Values-in-Action (VIA) programme. They had an enjoyable and meaningful time teaching origami and Christmas carols to children from the Canossaville Student Care.



The Choir also formed new friendships and learnt much from their peers during a 2-day Choral Exchange with 7 other secondary schools and junior college choirs in November. The "Supernova" Concert ended the exchange on a high note as each choir took turns to perform for parents and friends. Indeed, it has been a wonderful year of growth for the Choir.



CONCERT BAND

Teachers-in-charge

Mdm Kee Mooi Thiam

Ms Shirlyn Loh

Ms Nurul Huda Muhammad Yassin

Ms Nurul Aliah Mohd Ali

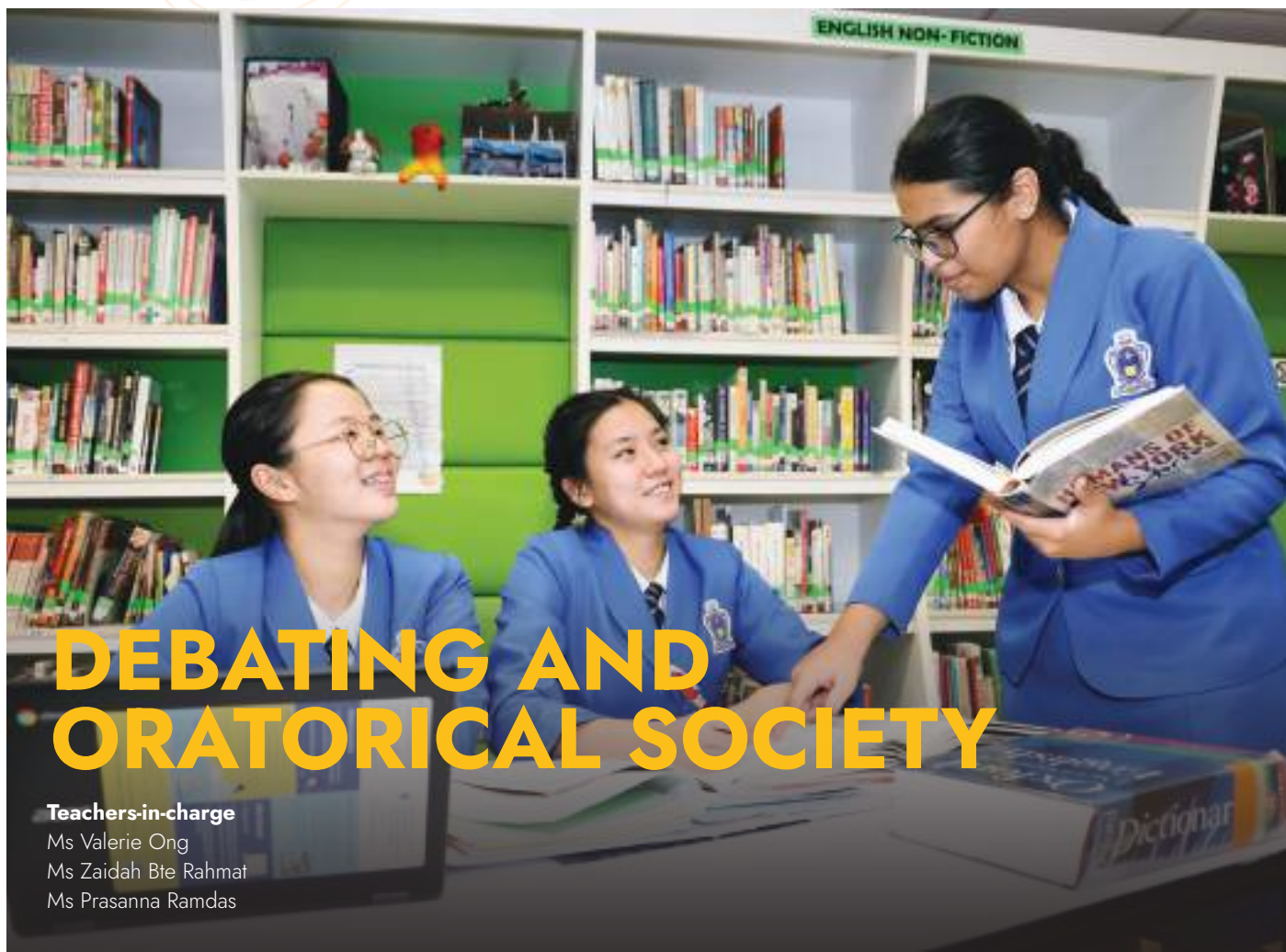


2022 opened up many windows of opportunities for the Concert Band as we brought live music back to everyone. One such opportunity was the Arts Alive! Flash Mob. We were featured once again for the Racial Harmony Day Concert where our Secondary 1 members went on stage for the first time. It was truly an exciting experience for them despite some nerve-wrecking moments. This was followed by various performances at Jewel Changi Airport, the Teachers' Day Concert and our Year-End Concert.

All these performances and events came to fruition due to the hard work of our members and their passion to create music to lift the spirits of the people. Through these valuable experiences, we were able to explore an array of pieces with different arrangements and genres. It taught us to express ourselves through music, delivering the message and theme of the pieces to our audience.

Guided by our esteemed conductors, Mr Chris Goh, Mr Alvin Chan and Mr Ho Yongle, we strive to bring Concert Band to greater heights as we continue to support each other's abilities. Andare Avanti!





DEBATING AND ORATORICAL SOCIETY

Teachers-in-charge

Ms Valerie Ong
Ms Zaidah Bte Rahmat
Ms Prasanna Ramdas

2022 got off to a rousing start for the Debating and Oratorical Society (DOS). The members took part in the Debate Association Debating Championship Competition 2022 which was the swan song for the Secondary 4 members. The team won the second round, and Giam Zi Yu from Secondary 4.8 won the Best Speaker Award for the round. The younger debating team then took part in the Singapore Secondary Schools Debating Championship 2022 and won the third round after going against formidable opponents. Anne Mary Matthew from 3.8 also won the Best Speaker Award for that round.

Apart from the rigorous training sessions and discipline, the CCA also focuses on the holistic development of members. From watching critically-acclaimed theatre productions to making *prata*, DOS strives to provide novel experiences that add value to the members' growth and development. Hence, for the DOS Day Camp this year, the members learnt pinch-potting from a pottery practitioner. They picked up a new skill and learnt more about this ancient technique of making pottery. Additionally,



the members learnt more about themselves and made a masterpiece of their own.

The year got off to an exciting start and the members have grown so much in terms of the skills they have acquired and the camaraderie they have built. DOS looks forward to more adventures ahead.



DRAMA CLUB

Teachers-in-charge

Mr Tan Wen Kai Ernest
Ms Kang Chee Hui
Ms Nur Dini Sarifudin
Mdm Xie Yanjin



2022 was a year of collaborations as the Drama Club partnered with two other CCA groups, namely the Media Production Society (MPS) and Choir, on two separate projects.

The Drama Club students collaborated with the MPS on a short film project through devised small group performances based

on themes and issues they were passionate about. It was a wonderful experience as both groups of students acquired new skills and forged new friendships.

To kick-start Term 3 with a bang, the Drama Club and Choir students put up a performance for the Arts Alive! Flash Mob event. Students danced and sang

enthusiastically to High School Musical's 'We're All in This Together' in hopes of bringing good cheer and positivity to the school.

Without a doubt, it was a meaningful year for the Drama Club as the students were exposed to new opportunities to showcase their talents and skills.

FLOORBALL

Teachers-in-charge

Mr Philip Tan
Ms Wendy Arleena Sukma
Mr Kelvin Tan



2022 was a year where Floorball had many wonderful new experiences. We had two new teachers who joined the floorball family, namely Mr Philip Tan and Mr Kelvin Tan. With the easing of SMM and the resumption of the National Floorball Championship, many students had their first experience at the courts competing as a team against other schools.

In keeping with tradition, our members have come together to train, learn, develop closer ties with one another and grow as one big happy family. From welcoming Secondary One juniors, grooming the Secondary Two players, training the Secondary Three leaders to bidding farewell to our Secondary Four and Five seniors, we have treasured the bonds with one another and done our best to become one of the best teams in the East Zone.

In Semester 1, our B-Division girls made it into round 2 of the National Preliminary.

In Semester 2, our C-Division girls, together with the support from their seniors, started off well in the National Preliminary and advanced to round 2.

We put up a tough fight against the top national schools in round 2, truly exhibiting our CCA's spirit of fighting till the end.





GIRL GUIDES

Teachers-in-charge

Ms Aileen Tan
Ms Ang Hwee Chieh
Ms Nadiah Brown
Ms Tan Yi Tong
Miss Norlinna bte Mohd Ismail



2022 has been a year of advocacy and outdoor skills for the Girl Guides. The girls honed their skills from fire-lighting to building an emergency shelter. Their creativity and tenacity paid off when they clinched 3rd place for both the Patch Design competition and Mini Gadget competition at this year's East Division Day. This was also the first year the guides created a microsite on the dangers of smoking and planned a mental health advocacy project.

In June, the guides were participants of Girl Guides Singapore's first virtual 4-day international camp, centred around the themes of environmentalism, mental health and female empowerment. With the year-end camp at Camp Christine scheduled for the end of the year, 2022 has certainly been an eventful year for the Girl Guides.



GUITAR ENSEMBLE

Teachers-in-charge

Ms Fiona Chiu

Mdm Bey Young Keng

Ms Davora Lim



The SACSS Guitar Ensemble has not only performed at school events such as the Chinese New Year concert and Teachers' Day celebrations, we have also recorded several music pieces in 2022 as part of our CCA activity. These are available on our Instagram account; 'sacguitarenssem'.

The introduction of a new point system for assessment has also brought the students together in their pursuit of greater instrumental techniques and musicianship. The music leaders have actively led their sections teams and contributed to our successful performances and recordings.



HANDBALL

Teachers-in-charge

Ms Ng Shilin



On 27 August 2022, the inaugural Past Versus Present Handball Carnival was held in school. Many generations of SACSS handballers from the graduating years of 2014 to 2021 gathered for a morning of fellowship and fun. As the Secondary 3 students did not get an opportunity to compete in any handball competition this year, the carnival was organised to help them gain exposure to the game, and also to get to know their handball seniors. Says Clarice Teo of Secondary 3.2, "Whenever we end each game, the seniors will always give us feedback which helped me recognise what I need to work on, and what my team should do better in."

Even though the current team did not win any game, it was definitely an enlightening day for the team. As Isabella Ruth Yagappan of Sec 3.3 shares, "This handball experience is definitely eye-opening and insightful. It is very engaging and the skills learnt can surely be applied in future games."



INDIAN DANCE

Teachers-in-charge

Ms Nurfaeza Rahmat

Ms Keiran Voon

Ms Annie Ng



The Indian Dance troupe kicked off the year with a Chinese New Year concert performance to usher in the Year of the Tiger. Choreographed by our Secondary 4 dancers, this folk dance performance depicting the triumph of good over evil was a high-energy dance that showcased the seniors' creativity through various exciting moves and gestures that pushed the dancers to explore a variety of techniques. Dressed in vibrant colours, together with traditional sticks called *dandiya*s, the dancers put on an awe-inspiring performance that left the school cheering for more. The dancers had a sensational time onstage and offstage.

In July, our dancers put up an item to commemorate Racial Harmony Day. The item was a challenging piece and the hard work they put in was evident in the flawless execution of the dance steps. It was an amazing performance even though it was our first time performing live in front of the school since the Covid-19 pandemic.

In August, SACSS Indian dance was honoured to be a part of the National Day Dinner event performance organised by Fengshan Community Club. Our Indian dancers were extremely excited on 7 August



as we welcomed our first public performance after 3 years. Dressed in the radiant Bharatanatyam costumes and vibrant makeup, the dancers brought out the pulsating rhythms of folk dance entitled 'Joy of Colours'.



LIBRARY

Teachers-in-charge

Ms Kamala Kausikan
Mdm Harn Siow Ping



The library started the year with its annual Top Readers event to reward the school's most avid readers with an exclusive high tea and invitation to get their hands on the latest releases in our collection. The girls had a good time networking and taking their pick of the newest books.

In addition, the library also hosted the Second SACSS Kids Lit Quiz in August this year. Their active and vibrant instagram account with their book reviews, memes was also updated with recommendations from our librarians.





MEDIA PRODUCTION SOCIETY

Teachers-in-charge

Mr Muhammad Nasiruddin Razak

Mr Amos Ghui

Dr Jeremiah Li

Mr Mohammad Said Rahim

As a newly formed CCA, the Media and Production Society (MPS) grappled with three separate areas of expertise: photography, videography, and event production, all at once. With the usual complex roster of school events, MPS rose to the occasion and was instrumental in the execution of various important school events like the St. Anthony's Feast Day Mass and Commissioning of Leaders, and full-scale concerts like the Racial Harmony Day, National Day and Teachers' Day concerts. Most notably, MPS supported the Arts Alive! Flash Mob event, which involved performances in various parts of the school.

Aside from school duties, MPS members took part in competitions like the 'Our School, Our Stories' photography competition, and the Lions Home Video Competition 2022, where the team of 8 students clinched the second runner-up position out of 28 other entries.

Truly, this year has seen the MPS members develop adaptability and resilience, even as they performed their duties in the midst of their academic responsibilities. They have forged stronger relationships



with one other through this, ultimately contributing to a more united and cohesive group.





Teachers-in-charge

Ms Justina Foo

Ms Daisy Tan

Mdm Jiang Bei

The Motto for Modern Dance, 'One Dance, One Passion, One Family', continues to be our guide as we began the brand new year in 2022. The Modern Dance troupe started off with a bang in January with our dancers participating in Chingay's second Virtual Fusion Dance Competition, D:2 Dance Competition. Our dancers took up the challenge to infuse Singapore's local traditional dance cultures into their dance pieces, living up to the name of the competition, D:2 - Dynamic and Diversity.

The Modern Dance team also came together to put our creativity on display as we presented our dance piece, a fusion of Contemporary and Chinese dance, for the school's Chinese New Year school celebrations. Fully utilising the flexibility of camera angles of a pre-recorded performance, we were able to present different dance formations from different perspectives. In Semester 2, the Modern Dance troupe was also excited to take part in the Arts Alive! Flash Mob event as this meant bringing the performing arts back on stage and to the school. Using a medley of songs to showcase different genres, our dancers choreographed each



segment by stitching ideas from each dancer together.

Through these different activities, the Modern Dance troupe was able to harness the individual creative energies and channel the talents of our members into the different dance pieces. In the process of perfecting the performance, we also learnt the importance of communication and being supportive of each other. Modern Dance will continue on this journey together, Anchored in Hope and United in Love as "One Dance, One Passion, One Family".





NCDCC

Teachers-in-charge

Mdm Wu Lin

Ms Liwei

Mr Heng Weijie

Mdm Premani Minashi Logaraj



The NCDCC had a wonderful start to 2022 with our cadets coming together to brainstorm ideas to commemorate Total Defence Day. We also had the privilege of working alongside trained paramedics to provide first aid support during school events like Sports Day. The highlight of our year would definitely be leading our school's National Day celebrations, which left us with a great sense of satisfaction and pride.

Throughout the year, our cadets were provided with opportunities to develop their skills to respond effectively to emergencies by participating in various courses ranging from emergency preparedness to rendering first aid. Our training sessions also saw our alumnae members and leaders working closely together and mentoring our junior members while building friendships with them.

Our commitment to ensure that our cadets experience enriching holistic leadership and character-building experiences was recognised when we were awarded the Gold for Unit Overall Proficiency Award in 2021. It has been a fulfilling journey working together to nurture and empower our cadets to become active and concerned citizens advocating life-saving skills.



NETBALL

Teachers-in-charge

Mr Mohd Faisal Bin Mohd Yusoff

Mrs Jannine Kuah

Ms Norfarhana Mohamed Ismail

Mr Mohammed Ramlee Samsudin



2022 has been a memorable year for the SACSS Netball team as we managed to achieve 4th placing in the Netball 'B' Division Competition. As a team, we aim to constantly improve and make ourselves competitively ready.

The team members were also exposed to a range of experiential learning activities aimed at developing our girls holistically. These activities included participation in the National School Games, friendly competitions and student-led team-bonding activities.

We also provided the members with the opportunity to participate as student volunteers in the The Asian Netball Championships 2022. Through these opportunities, we hope to offer our members the experience and to witness how the game is played at one of the highest levels.



PERCUSSION BAND

Teachers-in-charge

Ms Charlene Lee
Mrs Natalie Lian
Ms Sharon Yu



The Percussion Band CCA kick-started their year by participating in a Lunar New Year Zoom performance at the start of 2022. The performance also featured the alumnae and introduced the two new teachers who joined the Percussion Band family. Through the year, our students were also provided with opportunities to take charge of their own sections during sectional practice. Through these sectional practices, we were able to foster a good relationship with each other. The juniors also felt comfortable to seek help from the senior members.

Later in July, our Secondary 1 to 3 students performed in the Arts Alive! Flash Mob event. Many students and staff commented that playing on the drums within the confines of the Percussion Band room is a very different experience from playing outdoors. At the same time, our girls had the jitters as it had been a while since they performed live in front of an audience. However, it was a heartwarming experience to receive such a resounding applause.





Teachers-in-charge

Ms Nur Taib

Mrs Mary Ann Joseph

Mdm Cecelia Chia

This year, the St Magdalene's Club went online in its auditioning process to recruit new members. Interested applicants submitted a video recording of themselves and shared their works and achievements for a spot in St Magdalene's Club.

In March, CCA leaders initiated a Values-In-Action (VIA) project where Hari Raya Aidilfitri cards were designed for the elderly at Jamiyah Nursing Home. Through this project, students learnt more about the home and were grateful for the opportunity to add to the festive cheer of celebrating Aidilfitri with the elderly. In April, we collaborated with the Science department and Canossian Co-Educators to carry out a VIA project to prepare organic hair oil for sale. The proceeds from the sales went to the St. Magdalene's Fund.

Members also embarked on the 'Citi-Build Your Tomorrow Programme' organised by South East CDC in Term 3. Students painted tote bags and explored batik art over the course of two sessions in order to develop some of their craft skills.



Members also learnt how to create an e-portfolio to document their learning, showcase activities and reflect on their work. The digital portfolios will later serve as references for their interviews into tertiary programmes.



TAEKWONDO

Teachers-in-charge

Mdm Isnarti Mohamed Noordin

Ms Joyce Frances Liu

Mr Siddiq Suleiman



2022 has brought many opportunities and new experiences for our student athletes. With the full resumption of face-to-face training, our members started the year well, kickstarting physical training earlier to prepare for the 'B' and 'C' Division Taekwondo (Poomsae) National School Games in April 2022.

With the commitment and hard work put in by our student athletes, the SACSS Taekwondo team clinched several awards in the 2022 National School Games.

Besides learning and practising Poomsae patterns for grading and competition, our members were able to spend more time

building strength and flexibility with kicking drills, targeted practices as well as strength and conditioning physical training.

With face-to-face training, there were also more opportunities for team bonding activities to enhance team spirit. In addition to working together within the school, an inter-school training camp with Pei Hwa Secondary School's Taekwondo team is scheduled for December 2022. Through the co-training and sharing, our members seek to share and refine their skills, develop sportsmanship and build stronger relationships within the team, as they train externally outside their comfort zone.



TENNIS

Teachers-in-charge

Mr Hamzah Mohamed

Mr Roland Lim

Mr Faisal Hussain



In 2022, with the easing of SMM, the 'C' Division National Tennis Championship resumed after 2 years of Covid-19. The Secondary 2 members finally had their experience of competing at the National Level against other top teams such as Methodist Girls' School and Singapore Chinese Girls' School.

In Semester 1, our 'B' Division members competed in the National Tennis Championship and gained many new enriching experiences. This was the first time the Secondary 3 players had a chance to compete in a tennis tournament.

We are a vibrant and cohesive CCA team that develops our members to be resilient, responsible and determined. Participating in both 'B' and 'C' Division National competitions allows for a wide exposure to different learning experiences. As Tennis players, our members are required to monitor their performance during trainings and work on their gaps in order to be a better player. Under the guidance of our dedicated coaches, the girls continue to strive for excellence.



TRACK AND FIELD

Teachers-in-charge

Ms Shona Chow

Mr Lin Zijing

Ms Fatin Afiqah

Mr Lee Kok Liang



The SACSS Track & Field team has had a fruitful 2022. With the resumption of the National School Games, our highly-driven student athletes worked hard to ensure that they were in their best form for the competition. Their dedication and efforts have been rewarded, as evident from their achievement of Top 8 placings in several events in both the Inter-School Track and Field and Cross-Country Championships.

Our students also had the opportunity to serve the community through a self-initiated school-wide shoe donation drive, where sports shoes were collected from the school population and donated to Sports SG for the construction of running tracks in Singapore.

These diverse experiences not only enabled the Track & Field CCA team to develop sportsmanship in their individual categories, it also reinforced in students the importance of uniting for a common purpose.





GRADUATING CLASSES



MESSAGES FROM YEARHEAD AND HEAD OF LEVEL

Dear Cohort of 2022,

Congratulations on your graduation! Your life is made up of many different chapters filled with memories and experiences where you learn and grow as you face and overcome challenges, discover your strengths and make well thought-out decisions. The chapters also include building relationships, harnessing good values and growing mentally and emotionally. You have just completed one chapter of your life and will be moving on to the next. May you meet your new challenges with positive thoughts and goals, as just one small positive thought can change your whole perspective and mindset!

// —————
**Reach High,
For stars lie hidden in your soul,
Dream deep,
For every dream precedes the goal.**

Pamela Vaull Starr

**Ms Pauline Choy
Year Head, Upper Secondary**



To my beloved graduating cohort of 2022, thank you for all the memories made. For your kindness for each other, for your perseverance, for your love for knowledge, and for bringing joy to SACSS.
You will be dearly missed.

Always,
Be understanding towards others.
Be loyal to your friends.
Be strong enough to face the world each day.
Be weak enough to know you cannot do everything alone.

Always,
Be generous to those who need your help.
Be frugal with what you need yourself.
Be wise enough to know that you do not know everything.
Be smart enough to continue learning.

Always,
Be willing to share your joys.
Be willing to share the sorrows of others.
Be a leader when you see a path others have missed.
Be a follower when you are shrouded by the mists of uncertainty.

Always,
Be the first to congratulate an opponent who succeeds.
Be the last to criticize a peer who fails.
Be sure where your next step will fall, so that you will not tumble.
Be sure of your final destination, by setting your goals along the way.

Above all, *always* be yourself.

**Lots of love,
Ms. Fatin Afiqah
Assistant Year Head (Upper
Secondary - Secondary 4 & 5)**



CLASS 4.1

Dear Charming Ladies of Secondary 4.1,

Congratulations on having completed your journey at SACSS and we hope it has been a memorable one which you will treasure. We have seen you grow to become graceful young ladies. After you leave, the future is up to you to make the best of it. Life is a constant change of events. Keep an open mind, be optimistic and allow yourself to be flexible as these will help you succeed through various phases of your life.

Don't let success go to your head or failure go to your heart. Have the courage to fail forward, live in the moment and be kind and compassionate always. Accept new opportunities as they come and be flexible and adaptable because you never know what may come along and change the trajectory of your life.

We wish you all the best and hope you will achieve your dreams and aspirations.

From
Mdm Aznah Hj. Kilali
Mdm Jiang Bei
Mr Lee Kok Liang

Dear Teachers and Staff of SACSS

Graduation is a time of celebration where we look back on the lessons we have learnt at school, the adventures we have shared, as well as the enriching experiences filled with special meaning.

Our graduation is also a new beginning for us to look forward to setting fresh goals for ourselves, dreaming new dreams and spreading our wings in order to see what lies ahead.

Thank you to all teachers and staff of SACSS, particularly our form teachers and subject teachers - for all that you have done for us during our journey in here!

From the students of Secondary 4.1



Absent with Apologies:

Nur Qistina Binte Mohammed Qureshen (13)

CLASS 4.2

Dear Students of Secondary 4.2,

We have sailed together for the past two amazing years and the ship has finally arrived at the port. Through the storms we have learnt to unite, through the darkness we have shone brighter.

Now it is time for you to embark on a new journey where exciting challenges and amazing experiences await you. Life is an adventure, so don't stop exploring. You never know where and how far life will take you because the world is your oyster.

Happy graduation & best wishes,
Ms. Nurfaeza Rahmat
Ms. Davora Lim
Ms. Siti Amirah

We have come a long way since 2021 and each of us has grown and developed in unexpected ways. In fact, many of us have achieved much more than what was expected of us. There were many ups and downs but we must celebrate our achievements and be thankful for those bittersweet memories we have made together.

We were bound to go our separate ways sooner or later. But let's end on a high note and leave with no regrets. These past two years have been a roller coaster ride. Despite the challenges faced, we have become closer and more united.

From the students of Secondary 4.2



CLASS 4.3

To our dearest 4.3 girls,

How quickly time flies! So much has happened since we first met in 2021. You have blossomed into such lovely and warm young ladies with a heart for others, and we are so proud of you and your journey and we are also very excited for what lies ahead for you. Life will not always be a bed of roses, but let your time here in SACSS, both the awesome and the challenging, comfort and remind you that nothing is impossible if you put your heart and mind to it.

Remember always that you are enough. Don't let anyone tell you otherwise. Always believe in yourself, commit to your goals, and put in the work needed.

Thank you for loving us and for being a part of our journey here. You will always have a special place in our hearts, and we look forward to celebrating your successes with you. Now, go fight for your dreams, and know that you'll always have a family to return to here.

Congratulations on your graduation, our dear girls!

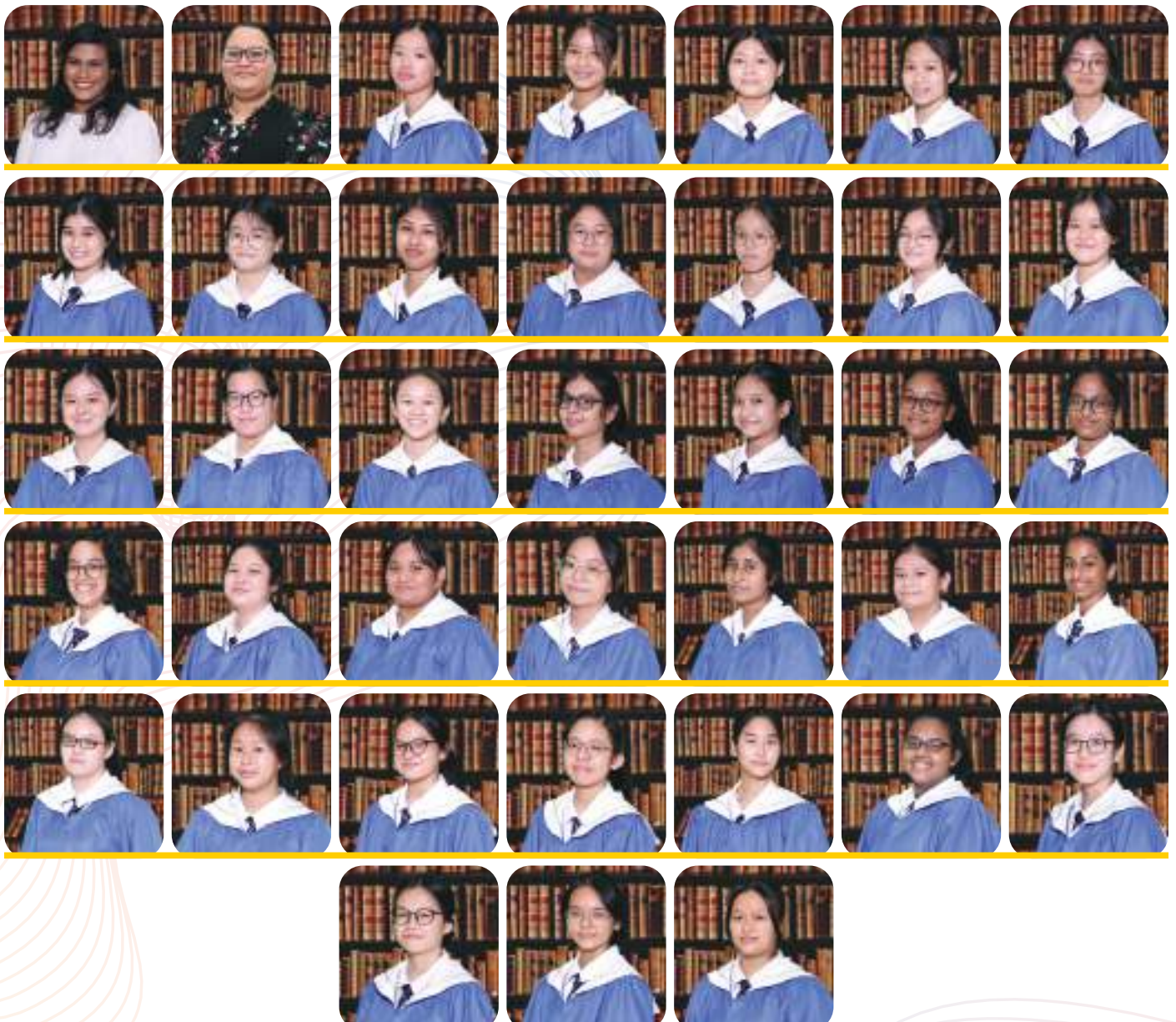
Love,
Ms. Prasanna Ramdas
Ms. Zaidah Rahmat

Dear Teachers,

Throughout our struggles, you were there for us. We know you have done your best to make sure school was fun and a great place to learn.

We apologise for the times when we were unruly and noisy, and for the times we didn't pay attention. Life is flying by and the realisation is dawning on us now. Despite how challenging we may have been, you never gave up on us all. We don't want to cry; and we are bad at goodbyes. If it's the last time, let's crack a few jokes or tell a few stories. If this is the last time.

Tan Zhi Yan Anne & Nur Sarah Banu binte Shamsul,
Class Chairpersons, on behalf of Secondary 4.3



CLASS 4.5

Forward-looking you stay,

Optimistic and determined.

United in strength and

Rational in thought, with

Friendships forged and sealed. Be

Inquisitive, be

Valiant and be

Exceptional in all you do.

We are incredibly proud of your growth and progress these two years. We are blessed to have been a part of your SACSS story. Congratulations on your graduation! We are certain that you are ready to tackle any future challenges and achieve greater success.

Ms. Nurul Aliah and Mrs Natalie Lian

Our hearts, the size of the moon, creating its own light.
Even though we feel broken, we continue to fight.
No weapons, no shield- just a will to survive.
We are weary beneath the sadness and yet we try.

We will fight on and we will prevail.
We are grateful that our paths crossed because you have made me smile.

From the students of Secondary 4.5



CLASS 4.6

Dear Students of Secondary 4.6,

You are a class of extremely unique individuals, girls with your own strengths and aptitudes. You've had your struggles and you've had times of joy and excitement. As your form teachers, we are glad to have journeyed with you as you navigated the vagaries of secondary school life.

Life is challenging in different ways, and you will certainly face more struggles in your future. Remember that even if you do not attain the goals you strived for, you can always do something about your situation. Remember that if you wish to achieve something, actively pursue it. Remember that you have the power to change, improve yourselves, rise above your circumstances, push forward and forge your path boldly. Be flexible, inquisitive, and never forget that it is indeed a strength to admit that you need help.

Congratulations on your graduation! May you face future challenges head on and come out stronger than ever.

Mr Amos Ghui
Ms. Daisy Tan

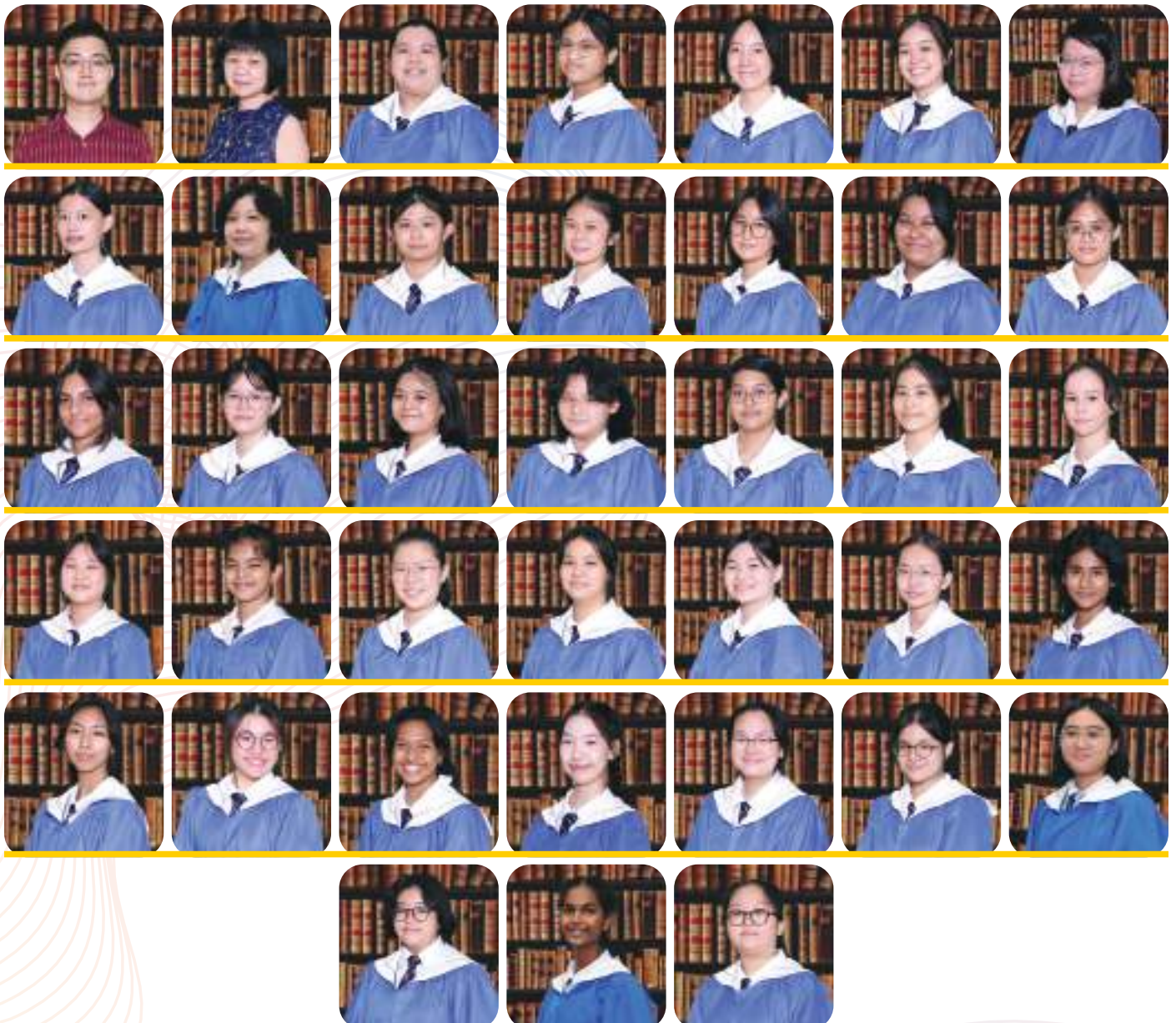
What supposed to be a Pure Literature class, turned out to also be the live version of an immensely chaotic and stressful book, encapsulating the journey of 4.6's upper secondary life. Written on the pages of Secondary 4.6 are not only the undefined struggles, failures and setbacks, but also the triumphs, the victory and the pride.

4.6 is incredibly grateful for every chapter of their journey, for every teacher and classmate that played significant roles in our story, and for every valuable lesson, experience and opportunity given.

As the 2022 graduating class of 4.6 moves on to explore our post-secondary school endeavors, we would like to sincerely thank SACSS for keeping us anchored in hope, and united in love.

Our book has not ended, but we are on to a new chapter.

Alicia Lariel Tenorio Pinpin
On behalf of Secondary 4.6



CLASS 4.7

Dearest Girls of Secondary 4.7,

Congratulations on your graduation! We are indeed blessed to have had you in our form class these past two years and we are glad to have journeyed with you to the finishing line. You have been most respectful, cooperative and resilient. Despite the challenges faced during the pandemic, each one of you persevered and gave of your best. We are truly happy to see how you have grown and are touched by the care and support you have given one another.

So, as you embark on your next stage of life, we pray that you will continue to believe in yourself, and work with passion and commitment towards your dreams. May you always love what you do and look forward to the future with hope and enthusiasm. Seize each day and always strive to be the best version of yourself! Spread the love you have experienced in this Canossian family with all that you meet.

Mrs Adelene Cheong
Mdm Wu Lin

From being strangers that never socialised with each other to a bunch that made everyday eventful, we have indeed come a long way. Secondary 4.7 has been an enthusiastic class that never lacked creativity. We have always been inclusive and innovative. Even in the most stressful times, our classmates have always believed in supporting one another to grow and persevere through the challenges ahead.

To our pillars of support, namely our teachers, we owe a big thank you for ensuring that we had a conducive environment that was safe for us to learn, make mistakes and become better. We will always be grateful for your guidance and patience and we all know that we will not be where we are without you. Our graduation only marks the end of our secondary school life but not the support system and close friendships we've built over the years.

H Shaazlinaa D/O Haja Alauddin and Lu Si Hui Nicole

Class Chairpersons,
On behalf of Secondary 4.7



CLASS 4.8

Dear Students of Secondary 4.8,

As you navigate your way to your graduation from secondary school life, it becomes more and more apparent why each of you will be successful. We have seen it displayed in the everyday routines that have become one with you, such as being curious; being kind; being responsible; being resilient. These traits, amongst many others, have become naturally a part of you, and these very attitudes and values will be like the rudder on a ship — guiding and driving you forward in the days ahead.

Without a doubt, we can see you going on exploits in the far-flung corners of the earth and doing yourselves proud. The four years in secondary school have seen you develop high standards, and in reaching for them, you inevitably reach for a life that turns dreams into reality. The months that you have spent studying the map of your dreams, will lead you to where your heart takes you, and from the shoreline, we will be proudly cheering you on. Congratulations on your graduation!

Mr. Andrew Poh
Ms. Valerie Ong

Just like the pieces of a jigsaw puzzle, every student is different. We vary in personality traits, strengths and weaknesses. Some pieces might have more colour than others, others might be more plain or simple looking, but we took time to embrace each other and bond with one another to fit the pieces together and form the bigger picture. However, beholding the bonds we have forged till today is nothing short of beautiful.

There were times when certain pieces did not fit, no matter how hard we tried to force them into place. Nevertheless, as we took time to piece together the different parts, we found the right fit for each of us and have never felt greater triumph. As we take our last few moments embracing all that has happened over the last two years, the picture we have built becomes clearer. It would not be long before all the pieces fit and we stand in front of the complete puzzle we have spent the last two years creating with victorious smiles on our faces.

Nair Trisha Sandeep
On behalf of Secondary 4.8



CLASS 4.9

Dear Class of 4.9,

We would like to thank you for being such a wonderful, sensible, cooperative and respectful class these 2 years. As your form teachers, we never had to worry about your studies or homework because you always set such high expectations and pushed yourselves. You are ever so creative and participative in school life. We see the love in you not only for your friends in class but also for your schoolmates and your parents.

The world ahead is a challenging one. We are confident that your perseverance and love for people around you will carry you far in life. Congratulations on your graduation! We love you and are blessed that we have walked this path with you in SACSS.

Mrs Esther Boo
Mdm Xie Yanjin

We began by warming up to our environment, our teachers and fellow classmates. As more time went by, we laughed at our teachers' jokes, became more daring to stand and speak up in class and took every opportunity to play more Kahoot games to bond. We have also fostered a culture of care for one another, as seen by our "relaxation corner" in class filled with class donations of snacks, toys and cards for writing encouraging messages to one another. Throughout the years, we have truly grown in maturity and wisdom, and we learnt to balance our studies, work and play. The journey is not yet over, and we still have a long trek ahead. But we will persevere as a class, endlessly supporting one another along the way.

Lourelei Kate De La Cerna Alburo
On behalf of Secondary 4.9



CLASS 5.1

Dear Ladies of Secondary 5.1,

Congratulations on your graduation! It has been a challenging but amazing year. We are immensely proud of each and every one of you for coming this far in this journey. You have grown and matured over the years.

As you graduate from SACSS, we thank you for the wonderful memories you have given us. While we are sad to see you leave SACSS, we are excited that you are embarking on the next phase of your academic pursuits, aspirations and dreams.

We are certain that the future ahead is bright and full of promise for you. Always remember that learning is a lifelong journey and be resilient when you encounter challenges. As Robert Schuller says, "Tough times don't last, but tough people do!" Treasure the friendships you have forged in SACSS and we wish you all the best in your future endeavors.

Mdm Kee Mooi Thiam
Ms. Nur Liza Johan
Mrs Selina Tan

Time flies and very soon, we will all be graduating from SACSS. Over the years, we have built strong friendships and created long lasting memories that we will cherish forever.

Although the journey has been challenging for us and we were uncertain at times, with the support from our friends and teachers, we were still able to make this journey a fruitful one. To our teachers, thank you for your guidance and patience; giving us care and support in whatever we do; steering us in the right direction and what is best for us. You've been our pillar of support and we cannot be more grateful.

We will not forget the skills, knowledge and most importantly values that we have learnt in school. Graduating from school is not the end but the beginning as we start our next journey.

To our fellow friends, remember that as long as we have put in our hard work, it will definitely pay off. Anything is possible as long as you take the step forward and try. Thank you for the friendship and wonderful memories ... once an SACian, always an SACian!

From the students of Secondary 5.1



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